

2013 New Year's Resolutions for Guitar Playing

With the New Year upon us, take a few minutes to reflect on the progress you made in your guitar playing. Recognize your accomplishments and the sense of joy that you have felt so far on your guitar journey. More importantly, look forward and set goals for yourself and your guitar playing in the New Year.

In the space below, write 3-5 goals that you have to better yourself as a guitar player. Make smart goals though. Your goals should be measurable, achievable and specific. Goals such as "I want to play better" or "I want to be good as my favorite rock star" are not helpful to you. Goals such as "I want to change between open chords faster", "I want to improve my bending skills", or "I want to master my favorite song (insert song here)" are more realistic, achievable and measurable. Keep this sheet handy and refer to it throughout the year. Track your progress and commit to reaching these goals.

Goal #1

Goal #2

Goal #3

Goal #4

Goal #5